

Wroten & Associates

September 2014 Leadership Insight

Attitude

"The greatest discovery of my generation is that human beings can alter their life by altering their attitudes."

-William James

You have probably heard numerous times that "attitude is everything!" Do you believe this to be true? Your job, your home and everything in between is either made into a positive experience or a negative experience. Your attitude is how you see things, deal with situations that occur in the work place as well as in the home; how you see your life in general from the many different roles you live, such as manager, supervisor, leader, spouse, partner, parent, sibling, or friend.

Your attitude determines what meaning you attach to any given task or situation. With the end of the Summer drawing near and Fall just around the corner be proactive in thinking about attaching positive meanings to situations that could easily be negative or challenging. When you treat others positively and with respect, you will inevitably receive the same positive treatment and positive results. Being the optimist for others can help you see the positive things in your own life whether in the work place or at home.

A positive attitude can make all of the difference in your effectiveness as a leader and in all other aspects of your life. Only you have the power to choose your attitude! Strive to pick a good one!

Wishing you a productive and insightful month!

Positively provided to you by:

Wroten & Associates and Marilynn W. Allemann, LCSW, CPC

Visit Wroten & Associates at www.wrotenlaw.com



Visit Marilynn Allemann at www.MwaExecCoach.com